

REPs CPD point programmes

Use this form as the LAP to attach to the TA



Active Careers through
On-Job Qualifications

Delivered as Workshops	Price	Tick
Skills Active - Assessor Course	\$350	

Delivered as On Job Training	Price	Tick
Skills Active - Health and Safety at Work	\$90	
Skills Active - Health Risks and Exercise Stress (L2)	\$90	
Skills Active - Anatomy of Movement and Stretching (L2)	\$90	
Skills Active - Exercise Technique (L2)	\$90	
Skills Active - Manage Personal Fitness (L2)	\$125	
Skills Active - Nutrition (L2)	\$90	
Skills Active - Exercise Testing (L3)	\$90	
Skills Active - Exercise Programming (L3)	\$125	
Skills Active - Resistance Training (L3)	\$90	
Skills Active - Touring a Fitness Facility (L3)	\$90	
Skills Active - Exercise Adherence (L3)	\$90	
Skills Active - Exercise Physiology (L3)	\$90	
Skills Active - Motivation and Group Exercise Classes (L3)	\$125	
Skills Active - Plan and teach a STEP class (L3)	\$125	
Skills Active - Plan and teach a SPIN class (L3)	\$125	
Skills Active - Plan and teach a PUMP class (L3)	\$125	
Skills Active - Plan and teach a KICK N BOX class (L3)	\$125	
Skills Active - Plan and teach a CIRCUIT class (L3)	\$125	
Skills Active - Plan and teach a CHEST DEEP AQUA FITNESS class (L3)	\$125	
Skills Active - Plan and teach a DEEP WATER AQUA FITNESS class (L3)	\$125	
Skills Active - Plan and teach a HIGH / LOW class (L3)	\$125	
The Business of Personal Training	\$125	
Planning a Personal Training Business	\$125	

Assessor Forum attendance <i>(only open to Skills Active Fitness Assessors)</i>	\$-	
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LSA Name: _____

Assessor Name: _____

Units to be reported as casual credit

Invoice: Workplace
 Trainee

