

Skills Active National Award in Outdoor Experiences (Level 2)

This qualification has been designed to recognise the skills of people who have experienced the fun, challenge and adventure of outdoor recreation. It is made up of NZQA unit standards that can also lead towards the NCEA. This can also be your first step towards a career in the Outdoor Recreation or Snowsport industry, as these skills underpin other unit standards included in Skills Active National Certificates.

Award requirements – A minimum of 20 credits from any of the unit standards listed below is required.

	Unit No	Title	Level	Credit
Adventure Based Learning	467	Demonstrate personal and social development through participation in ABL	2	3
	470	Demonstrate personal and social development through participation in low ropes course activities	2	3
	473	Demonstrate personal and social development through participation in high ropes course activities	2	3
Canoeing and Kayaking	476	Roll a kayak	2	2
	480	Roll a decked open canoe	2	1
	20818	Demonstrate kayaking skills on sheltered or slow-moving water	1	2
	20819	Demonstrate canoeing skills on Grade I whitewater	2	3
	20121	Demonstrate kayaking skills on Grade II whitewater	2	4
Caving	448	Experience a caving trip	1	1
	20133	Demonstrate basic caving skills	2	5
Cycle Touring	459	Complete a cycle tour	2	3
Diving	4383	Snorkel dive with safety	2	2
First Aid	6401	Provide first aid	2	1
	6402	Provide resuscitation level 2	1	1
Mountain Biking	457	Mountain bike on intermediate to expert terrain	2	2
	20137	Mountain bike on easy to intermediate terrain	1	1
	20138	Select, set up and maintain a mountain or cycle touring bike	2	3
Mountain Craft	438	Participate in building, and camping overnight in, a snow shelter	2	2
	18132	Demonstrate basic movement skills and the use of ice axe and crampons	2	3
Orienteering	5479	Complete white and yellow grade orienteering courses	2	1
	20141	Complete beginner orienteering courses	1	1
Outdoor Equipment	4573	Communicate in the outdoors using two-way radio	2	1
	22015	Design and construct clothing or equipment for use in the outdoors	2	6
Outdoor Nav	431	Navigate in good visibility on land	2	3
Rafting	485	Demonstrate rafting skills on sheltered or slow-moving water	2	3
Rock Climbing	444	Demonstrate basic rock climbing movement	2	1
	20152	Experience and complete abseiling sessions	1	1
	20157	Demonstrate the use of basic rope systems for top rope rock climbing and abseiling	2	3
	20210	Experience rock climbing	1	1
Sea Kayaking	489	Demonstrate sea-kayaking skills on sheltered or slow-moving water	2	3
	20128	Roll a sea kayak	2	2
Skiing and Snowboarding	4596	Snowboard on beginner terrain	2	4
	4601	Nordic ski (classic technique) to a beginner standard	2	4
	17468	Alpine ski downhill on beginner terrain	2	4
	21740	Demonstrate use of avalanche transceivers, shovels and probes	2	1
	21744	Experience Nordic skiing (classic technique)	2	1
	21745	Experience Nordic skiing (skating technique)	2	1
Tramping	425	Experience day tramps	2	3
	426	Experience camping	2	3
Weather	20159	Access and compare weather information for outdoor recreation	2	1
Windsurfing	460	Windsurf in winds of less than 10 knots and a chop of less than 40cm	2	3
Yachting	21929	Make safety preparations for sailing a dinghy	2	2
	21930	Make safety preparations for sailing a keel boat	2	2
	21931	Demonstrate knowledge of the basic principles of sailing	2	3
	21932	Rig, launch and sail a dinghy in up to 10 knots of wind	2	4
	21933	Carry out basic sailing and seamanship activities as a crew member on a keel boat	2	4

Notes:

- Note to Providers: To offer this award you must be accredited for Skills Active unit standards. The Award Request Form is located on our website: www.skillsactive.org.nz or contact us at info@skillsactive.org.nz
- The unit standards listed are correct at the time of printing but are reviewed regularly. All current unit standards can be accessed on the New Zealand Qualifications Authority website: www.nzqa.govt.nz.

Previous Versions:

This award was updated in November 2005 to include Yachting unit standards 21929-21933.

This award was updated in July 2005 following the review of the Snowsport Unit Standards.

Changes made to this qualification:

- Unit 434 has been replaced by Unit 22015, *Design and construct clothing or equipment for use in the outdoors*, Level 2, Credit 6. This unit standard now sits in the Outdoor Recreation sub-field.
- Unit 13376 has been removed from this qualification (as it is now level 3).
- Unit 4601 has increased in credit value from 3 credits to 4.
- Unit standards 21745, 21744, and 21740 are now registered with NZQA.