

Heart Attack Scenario

Unit Standard 5685: Respond to an emergency in an aquatic facility

Element 3 Respond to a simulated emergency when people are in difficulty and require assistance out of the water at the aquatic facility

Heart Attack

The purpose of this scenario is to provide opportunities for the candidate/s to recognise and respond to an emergency situation out of the water at an aquatic facility.

Assessment Conditions

This scenario should take place during a regular/normal operating session and will involve a team of at least two lifeguards (candidates). The candidates will respond to a distressed adult who is complaining of pain in his/her chest neck and arm. It must be clear to pool customers that this is a simulated situation for the purpose of assessment. The candidates response should comply with the facility EAP and be appropriate to the scenario situation outlined by the assessor and should continue until the assessor indicates to stop.

Candidate Instructions

You are responsible for supervision and control of the designated area. Respond to any situation you recognise presents a risk to customers or staff. You will have back up from a second lifeguard (or bystander) who will also be actively supervising the same area. Continue responding to the situation until you are instructed to stop by the assessor. Your response will be discussed after the scenario is completed.

Role play candidate briefing

You are a distressed adult customer who has a sudden onset of chest tightness and pain; you experience difficulty breathing and feel weak and faint. Signal to a lifeguard that you need assistance. Do not volunteer any information about your condition but respond to clear questions asked by the Lifeguard. Continue to be distressed and complain of pain. Continue with the role play until the assessor instructs you to stop.

Evidence Requirements

1. Candidate recognises customer in difficulty
2. Candidate communicates to second lifeguard, who backs up supervision of areas and prepares to assist first lifeguard
3. Candidate finds out from the casualty what is wrong
4. Call to emergency services is initiated by lifeguard
5. Reassurance is constantly given to the customer
6. Lifeguard response to situation complies with the facility EAP

Follow up questions:

What indicated to you that the casualty was in difficulty?
Why did you choose to respond the way you did?
How did you know your response to the situation was effective?
Would you do anything differently next time?