



SFRITO

SPORT, FITNESS AND RECREATION
INDUSTRY TRAINING ORGANISATION

ASSESSMENT GUIDELINE

Develop a personal and professional philosophy for the outdoors

Unit Standard: 455

Level: 4 Credit: 1 Version: 6

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Purpose:

People credited with this unit standard are able to develop a personal and professional philosophy for the outdoors.

Special notes:

All activities must comply with any relevant environmental, legislative and/or regulatory requirements set out in the *New Zealand Environmental Care Code*, Health and Safety in Employment Act 1992, Injury Prevention, Rehabilitation, and Compensation Act 2001, and their subsequent amendments. The *New Zealand Environmental Care Code* is available from the Department of Conservation, Head Office, PO Box 10420, Wellington.

Overview of assessment:

This assessment has two tasks:

Task 1: Show knowledge of philosophies for the outdoors.

Task 2: Keep a logbook or learning journal.

Task 1: Show knowledge of philosophies for the outdoors

Overview of Task 1: The focus of the assessment is on understanding personal and professional philosophies and how they may differ.

Resources:

- Ministry of Education. (2002). *Safety and EOTC – a good practice guide for New Zealand schools*, Appendix II, pp. 46–47. Wellington http://www.tki.org.nz/r/eotc/resources/safety_e.php
- Priest, S. & Gass, M. (1997). *Effective leadership in adventure programming*. Champagne, Illinois: Human Kinetics.

Instruction to candidate:

During this task, you must explain:

- Standard meanings of philosophical terms and theories for the outdoors
- Your own philosophy of the outdoors
- How personal and professional philosophies may differ

Element 1: Develop a personal and professional philosophy for the outdoors

Performance criteria	Evidence/Judgement
<p>1.1 Philosophical theories are reviewed.</p> <p>Range: experiential education, outdoor education, recreation, education outside the classroom.</p>	<p>The candidate either:</p> <ul style="list-style-type: none"> - Gives an oral or written presentation, or - Participates in a one-on-one discussion with the assessor on philosophical theories of the outdoors <p>The presentation or discussion reflects:</p> <ul style="list-style-type: none"> • Definitions that match the information in <i>Safety and EOTC</i> on: <ul style="list-style-type: none"> - Experiential education - Outdoor education - Recreation - Education outside the classroom • A personal philosophy of outdoor recreation • Understanding of areas such as: <ul style="list-style-type: none"> - Goal setting - Activity planning - Risk management <p>explained in relationship to personal and to professional recreation – what might be involved for each form of recreation and how they may differ.</p>
<p>1.2 Personal and professional outdoor recreation philosophies are developed.</p>	
<p>1.3 Differences between the personal and professional philosophies are clearly explained.</p>	

Task 2: Keep a logbook or learning journal

Overview of Task 2: The focus of the assessment is on the candidate reflecting on their outdoor philosophy.

Resources:

- Allan, S. (2005). *Outdoor Activities – Guidelines for Leaders*. p. 12. Wellington: SPARC.
www.sparc.org.nz/education/outdoor-activities-guidelines-for-leaders
- Haddock, C. (2004). *Outdoor safety – risk management for outdoor leaders*. Chapter 7, Outdoor leader competence, p. 94. Wellington: NZ Mountain Safety Council.
- www.eonz.org/resources | Resources. Source of logbooks.
- www.mountainsafety.org.nz | Online store. Source of logbooks.

Instructions to candidate:

- During this task, you must record your ongoing observations of your philosophies for the outdoors.
- Your observations will result from at least three outdoor activities that you participate in.

Element 1: Develop a personal and professional philosophy for the outdoors

Performance criteria	Evidence/Judgement
1.4 These philosophies are refined, based on critical self-observation when in the outdoors.	Personal logbook or learning journal with: <ul style="list-style-type: none">• Reflections• Accomplishments• Time in the outdoors• Any incidents• Learning points

Candidate Name _____ NSN _____

**Unit 455 (v 6) Checklist
Develop a personal and professional philosophy for the outdoors**

Assessor name: _____

Organisation name: _____

C/NYC

Comments

Task 1: Show knowledge of philosophies for the outdoors

- Reviews philosophical theories
- Develops personal and professional outdoor philosophies
- Explains differences between personal and professional philosophies

Task 2: Keep a logbook or learning journal

- Keeps a logbook or learning journal

DATE	CANDIDATE'S SIGNATURE	ASSESSOR'S SIGNATURE	C/NYC

Comments: