

## ***Covid 19 - alternative assessment options for US 30635 Pre-screening tasks (Practicum)***

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### ***Kia ora Skills Active Exercise assessors and learners,***

We are aware and empathise that covid-19 lockdown alert levels are having a real impact on your learning and assessment pathway. All gyms and recreation spaces must follow the government's Covid-19 alert level instructions and guidance, and if you haven't already we recommend you also refer to the resources published by the NZ Exercise Association: <https://exercise.org.nz/covid-19-resources/>

Under Covid Alert Levels 2+ learners cannot be physically close to their clients to carry out the hands-on parts of pre-screening (ie taking body dimension, body composition and blood pressure measurements). These tasks relate to *US 30635 PC 4.5*.

In order to allow learners to progress, Skills Active recommends that you try the following alternatives, where the learner could:

- instruct the client to carry out their own measurements (where possible)
- gather an attestation from an evidence verifier if these tasks have been carried out on previous clients
- enlist the help of, and instruct, someone within the client's bubble to take measurements of the client
- measure and pre-screen a person within their own bubble to demonstrate these tasks
- take what information they can from the client and discuss with their assessor how they would use that information.

Skills Active does not wish this task to hold trainees up from moving through their qualification assessments. All other parts of the assessment can be carried out whilst being physically distanced. Knowledge and descriptions of the various pre-screening methods is assessed in other activities.

If trainees can wait for lower alert levels then they should. But if Alert level 2 and physical distancing remains then the trainee and assessor can work their way through the alternatives above.

### ***Note to Assessors:***

Please note the evidence the learner was able to provide and describe the alternative means of gathering evidence that was used in the learner's assessment material for moderation purposes.

Please contact your Skills Active Learning Support Advisor if you have any further questions, and we hope you all can continue with your study and stay safe.

Ngā mihi

Jenni Pethig  
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