

PROGRAMME GUIDANCE

for

NZC IN SPORT COACHING (LEVEL 3)[Ref: 3228]

July 2018 v1



Overview

This document provides guidance for providers intending to offer a programme that leads towards the achievement of the **New Zealand Certificate in Sport Coaching (Level 3) [Ref: 3228]**, or its supporting unit standards. Providers developing programmes leading to this qualification should consider this guidance in their programme design to ensure that students and graduates seeking employment, or already employed (paid or volunteering) in the industry, meet the expectations employers and industry.

The document provides information on the following:

- *Programme Guidance and Conditions*: overview of other requirements to support the quality delivery and assessment of the programme
- *Programme structure*: overview of how unit standards align to the graduate profile outcomes of the qualification.

Qualification Strategic Purpose statement

This qualification will provide New Zealand with individuals who are able to coach participants at entry level across a range of sports. Graduates can apply their coaching skills with a focus on skill development and enjoyment for participants to encourage people to participate in sport codes and activities. Graduates will contribute to the health, cultural, social and economic wellbeing of Aotearoa New Zealand.

This qualification is not designed for coaches of high-performance athletes.

Programme guidance and conditions

Programmes leading to the award of this qualification must fully recognise all aspects of these programme specifications to support the quality delivery and assessment of the programme.

These have been developed alongside the qualification and unit standard development process and reflect the industry's expectations for quality graduates seeking employment, or already employed or volunteering in the industry.

TEOs developing programmes should ensure graduates can be actively involved in a sport coaching context and comply with any relevant legislation and regulations.

Learners should also be aware of and able to successfully meet the requirements set out in the Vulnerable Children Act 2015. For further information regarding these requirements see links below:

<http://www.police.govt.nz/advice/businesses-and-organisations/vetting/vetting-process> -
<http://www.police.govt.nz/advice/businesses-and-organisations/vetting/forms>

Organisations developing programmes leading to the award of this qualification should have in place appropriate mechanisms and protocols, to consult, engage and involve local Iwi, and/or mana whenua to provide the required context with regard to local tikanga and kawa.

Programmes should reflect the cultural and social aspirations of Māori and Pasifika learners and include culturally appropriate resources and delivery methods. Additional guidance and recommendations for programme development can be found on the Skills Active Aotearoa website (<http://skillsactive.org.nz/>).

Pre-requisite for entry

It is strongly recommended that TEOs ensure learners hold a first aid certificate before undertaking a programme leading to the award of this qualification.

Assessor Requirements

All personnel assessing programmes leading to this qualification will need to meet the following requirements):

- Hold a current recognised qualification at the same level, and in the same activity as that which they will be assessing. For example, the New Zealand Certificate in Sport Coaching (Level 3) [Ref: 3228].
- Endorsement by appropriate industry referees.
- At least two years relevant coaching experience specific to the selected sporting code.

Programme Structure – alignment between standards and qualification

This table shows how the unit standards and their credits align to each qualification outcome.

	GPO 1 Credits 10	GPO 2 Credits 20	GPO 3 Credits 5	GPO 4 Credits 5
Graduate Profile Outcomes (GPOs) from NZC in Sport Coaching L3	Create a supportive sport coaching environment and demonstrate positive side line behaviours for the safety of participants while coaching a chosen sport.	Model simple skills and apply general coaching principles and group management techniques to achieve performance outcomes.	Apply basic injury prevention techniques including warm up and cool down procedures to meet the physical requirements of the chosen sport.	Give constructive, specific and positive feedback on performance to achieve outcomes while coaching a chosen sport.
31675 Demonstrate knowledge of role, responsibilities and coaching beginner level sport participants Level 3 Credits 7		5		2
22771 Plan beginner-level coaching sessions for sport participants Level 3 Credits 6		5		1
25805 Demonstrate knowledge of individual and group characteristics and needs for coaching participants in sport Level 3 Credits 3	2	1		
31677 Coach beginner level participants through skill development activities for a selected sport Level 3 Credits 4		3		1
31678 Review coaching of beginner level participants through skill development activities for a selected sport Level 3 Credits 4	1	2		1
31679 Demonstrate knowledge of participant welfare and wellbeing in a sports environment Level 3 Credits 6	6			
31384 Demonstrate knowledge of the industry and rules for a selected sport Level 3 Credits 5	1	4		
20673 Demonstrate knowledge of injury prevention and risk and injury management in sport or recreation Level 3 Credits 5			5	